

# Claudia Jankech-Caretta

Avenue du Temple 63-1012 Lausanne-CH- [claudia.jankech@jankech.ch](mailto:claudia.jankech@jankech.ch)

---

DOB: 07.07.1952, Buenos Aires

Swiss Nationality

Married

One daughter (1988)

Trilingual: French, Spanish, Italian (native)

Advanced level of English

Web: [www.jankech.ch](http://www.jankech.ch)

FB: Guide for Intellectual

Gifted Children : A way ahead

Lausanne, 01.04.2023

- ✓ **FSP Specialist (Federation of Swiss Psychologists) in Child and Adolescent Psychology**
- ✓ **FSP Specialist in Psychotherapy**
- ✓ **Member of the scientific committee of the French National Association for Gifted Children (ANPEIP <http://www.anpeip.org/experts>)**

## Current Activities, Private Practice

- ✓ Psychotherapeutic consultations
- ✓ Individual psychotherapies
- ✓ Supervision of psychologists and speech therapists
- ✓ Training for specialists in children and adolescents (psychologists, speech therapists, psychomotricians, educators, teachers)
- ✓ Classes for parents and teachers
- ✓ Seminars for the FARP (Training for Swiss Francophone/Italophone psychologists) on gifted children and adolescents since 2013
- ✓ Congress conferences
- ✓ Talks for schools on children and adolescents, either gifted and/or with an attention deficit disorder, with or without hyperactivity (ADHD)

## Professional Experience

- ✓ Since September 2022: Psychologist and psychotherapist in association with C. Juillard (speech therapist)
- ✓ September 2017-August 2022: In association with Jehane Raho, FSP psychologist and CBT therapist (assistant psychologist at Cabinet Jankech since 2008)
- ✓ May 1999-April 2014: Opening of the Jankech Practice in collaboration with Dr Mariàn Jankech, child psychiatrist. This collaboration ended with Dr. Jankech's retirement.
- ✓ 1990-1999: Psychologist and psychotherapist in collaboration with A. Juillard, C. Juillard and V. Rubeli, speech therapists in Lausanne
- ✓ 1980-1990: Psychologist and assistant psychotherapist at the University Child and Adolescent Psychiatry Unit (SUPEA), Lausanne
- ✓ 1986-1988: Part-time educational psychologist at the Grandvaux municipal educational group
- ✓ 1978-1980: Research with the SUPEA for the National Fund for Scientific Research (FNRS)
- ✓ 1975-1977: Intern educational psychologist, Cantonal Orientation Office for Education (OME, Bienne and Delémont)

# Claudia Jankech-Caretta

## School and University Education

- ✓ December 1969: French Baccalaureate from the Jean Mermoz Franco-Argentinean Lycée, Buenos Aires (Argentina)
- ✓ December 1969: Argentinean Baccalaureate from the Jean Mermoz Franco-Argentinean Lycée, Buenos Aires
- ✓ July 1976: Master in Clinical Psychology, University of Geneva

## Professional Qualifications

- ✓ 1990: Specialist in FSP Psychotherapy (Federation of Swiss Psychologists)
- ✓ 1999: Specialist in FSP Child and Adolescent Psychology

## Complementary Training

- ✓ 2007-2009: Behavioural and Cognitive Therapy, Lausanne
- ✓ 2009-2012: Diagnosis and treatment of abused and mistreated children, TIAMA Centre, Torino
- ✓ 2016: EMDR for adults, Fribourg, Switzerland
- ✓ 2016-2017: EMDR for children and adolescents, ESSENTIA Institute, Paris (France)

## Publications

### Articles

- ✓ **Psychoscope** (Journal of the Federation of Swiss Psychologists), 2000: "Pour en finir avec le mythe du premier de classe" (*Eradicating the myth of the top of the class*), C. Jankech, F. D'Agostino
- ✓ **Revue Résonances\***, no. 4, December 2000: "Outils pour détecter les enfants HPI" (*Tools for discovering gifted children*)
- ✓ **D. Wolf editor**, 2001, SZH/SPC: "L'accompagnement des enfants surdoués: un défi à la mode" (*Support for gifted children: a fashionable challenge*), C. Jankech (pp. 23-38): "Pour en finir avec le mythe du premier de classe" (*Eradicating the myth of the top of the class*), speech given for the Day of the IMPER
- ✓ **Revue ANAE**, 2002: "Les caractéristiques de l'enfant précoce" (*The characteristics of the gifted child*)
- ✓ **Revue L'Éducateur**, no. 10, 2002: "L'échec scolaire du surdoué" (*The academic failure of the gifted child*)
- ✓ **Revue P&E** (Swiss Association of Psychologists for Children and Adolescents), no. 1, volume 34, 2008: "Surdouance et échec scolaire" (*Giftedness and academic failure*)
- ✓ **Revue Economique et Sociale**, volume 74, October 2016: "Quels écueils sur la route des enfants et adolescents HPI ?" (*What hurdles must be overcome by gifted children and adolescents?*)  
(English version: [www.jankech.ch/pdf/ecueils\\_en.pdf](http://www.jankech.ch/pdf/ecueils_en.pdf)) in "Haut Potentiel Intellectuel: pourquoi il faut agir" (*High Intellectual Potential: why it is important to act*)
- ✓ **Revue Strassenverkehr**, 12.09.2017: Presentation at the symposium of the CIDERC (Swiss Francophone Centre for Criminological Research) "La perte de l'attention chez l'enfant" (*Attention loss in children*)

# Claudia Jankech-Caretta

## Books written by Claudia Jankech

- ✓ **“Feuille de route pour enfants HPI”**, 2014, written by Claudia Jankech, illustrated by Pierpaolo Pugnale (alias Pecub) and edited by the ASEP (currently the ASEHP Association Suisse pour les enfants à haut potentiel)  
Translated into:
  - English: “The Way Ahead: A Guide for Intellectually Gifted Children”, 2017
  - Italian: “Diario di Bordo per bambini APC”, 2017
  - German: “Wegleitung für Hochbegabte Kinder”, 2017
- ✓ **“Feuille de route pour familles avec enfants HPI”**, June 2016, written by C. Jankech, illustrated and edited by PierPaolo Pugnale (128 pages, 40 original illustrations)  
Translated into Italian: “Diario di Bordo per famiglie con figli APC”, 2018
- ✓ **“Feuille de route pour aider et comprendre les élèves HPI”: Petit manuel sans prétention à l’usage des enseignants** (*A Guide to Help and Understand Gifted Students: A short and simple handbook for teachers*), October 2018, written by Claudia Jankech and illustrated by Pierpaolo Pugnale, edited by ASEHP (120 pages, 42 original illustrations)  
Translated into Italian: “Diario di Bordo per capire e aiutare gli alunni APC”, 2019

## Participation in congresses, conferences, classes and seminars by Claudia Jankech

- ✓ **Conference as part of Mensa** on the subject of gifted children – Fribourg, 1999
- ✓ **Conference as part of the Day of IMPER** on giving support to gifted children: “Pour en finir avec le mythe du premier de classe” (Eradicating the myth of the top of the class) – November 2001
- ✓ **Training seminars within the FARP** (Training for Swiss Francophone associations of psychologists) on children seen as “different” – 2002 and 2004
- ✓ **Conferences for state school teachers** from various municipalities of the cantons of Vaud (Morges, Pully, Lausanne, Avenches, Aubonne, Chavannes, Ecublens, Prilly, Genolier, Rolle) and Valais (Sion, Sierre, St Maurice) on the subject of gifted children and as part of the Vaud canton HEP (Vocational Teaching University), for in-service teacher training. Private schools: Ecole Vinet, Ecole Nouvelle de Suisse Romande, Ecole Germaine de Staël
- ✓ **In-service training for paediatricians** on gifted children – Fribourg 2003
- ✓ **Conferences at ASEP congresses** (Swiss association for gifted children) – 1999 and 2001
- ✓ **Conference at the ANPEIP-Savoie Congress** (National association for intellectually gifted children, France) – Grenoble (France), 2002
- ✓ **Class for the UNIPOP** (Popular University of Lausanne) on gifted children – 2002-2006
- ✓ **Training for assistant psychologists and trainees** at the Jankech and Jankech Raho Practice – 2001 until today
- ✓ **Conference given at the Popular University of the Jura** on gifted children – September 2004
- ✓ **Training at HEP** (Vocational Teaching University) on “L’enfant HP à l’école” (The gifted child at school) – St Maurice (VS), February 2004
- ✓ **Conference given for the Association for Gifted Children of the Valais (AVPEHP):** “L’enfant surdoué : Comment l’aider à grandir ? L’adaptation scolaire, un problème ?” (Gifted children: how to help them grow up? Is Special Education an issue?) – 8<sup>th</sup> March 2006
- ✓ **Conference given to the Parents’ Board:** “Les enfants à haut potentiel : mythe ou réalité” (Gifted children: myth or reality) – Bévillard-Malleray, 5<sup>th</sup> May 2006

## Claudia Jankech-Caretta

- ✓ **Conference given during “Intelligence and Dyslexia” Day** for ASEP, SRAPL, ADSR: “Intelligence et dyslexie : un parcours semé d’embûches, de souffrance, d’incompréhension et demarginalisation” (Intelligence and dyslexia: a path fraught with pitfalls, suffering, incomprehension and marginalisation) – 5<sup>th</sup> May 2007
- ✓ **Conference for the AVPEHP**: “La famille du surdoué: un berceau émotionnel indispensable” (The gifted child’s family: vital emotional support) – Sierre, 11<sup>th</sup> March 2009
- ✓ **Conference for AE-HPI**, Languedoc Roussillon: “Mesures pédagogiques pour les HPI: Saut de classe : la panacée ?” (Pedagogical measures for the gifted: Skipping a class: the panacea?) – Montpellier (France), 28<sup>th</sup> November 2009
- ✓ **Conference for ASEP** on the gifted child and adolescent – Montézillon (NE), 21<sup>st</sup> October 2010
- ✓ **Training at the CDTEA** (Centre for the development and therapy of children and adolescents): “Le bilan psychologique, le diagnostic et l’éducation du HPI” (The psychological assessment, diagnosis and education of the gifted) – Sion, 2010
- ✓ **Conferences for the Belgian EHP Association** on the gifted child and adolescent with academic difficulties – Namur (Belgium), October 2010
- ✓ **Conference at the PSYRENE Congress**: “Evaluation des mesures pédagogiques et psychothérapeu-tiques prises pour les HPI” (Assessment of pedagogical and psychotherapeutic measures taken for the gifted, English version: [www.jankech.ch/pdf/eval2011\\_en.pdf](http://www.jankech.ch/pdf/eval2011_en.pdf)) – Lyon (France), 6<sup>th</sup> July 2011
- ✓ **AAREIP Conference as part of the teacher training** “L’adolescent différent” (The differing adolescent) – Bourg en Bresse (France) , October 2011
- ✓ **ANPEIP Conference as part of the teacher training** on gifted children and adolescents in private schools –Chambéry (France), October 2012
- ✓ **Conference at the Parliament of Brussels** as part of the submission of a motion in favour of gifted children: “Regard sur l’intégration scolaire des HPI : évaluation des mesures prises et perspectives d’avenir” (Perspective on the scholastic integration of the gifted: assessment of measures taken and prospects for the future) – Brussels (Belgium), 21<sup>st</sup> January 2014
- ✓ **Workshop at the International School of Geneva** on gifted children (ISG) – Geneva, 17<sup>th</sup> October 2014
- ✓ **Presentation of the ADHD child** to the teachers of the Bergières School – Lausanne, 2014
- ✓ **ASEP Conference** “Comment répondre à la soif de pédagogie et d’intégration de l’enfant HPI” (How to respond to the gifted child’s thirst for teaching and integration): Presentation by C. Jankech, “Comment aider l’enfant HPI à grandir avec toutes ses compétences” (How to help the gifted child to grow up with all their skills) – 2<sup>nd</sup> May 2015
- ✓ **Participation in the Congress of the World Council for gifted and talented child** “Educating gifted and talented child: turning research into practice”: Presentation “Evaluation of pedagogical and therapeutic measures for gifted children” – Odense (Denmark), August 2015
- ✓ **Conference as part of the ASK Day** (All Special Kids) “Les enfants à besoins particuliers, y compris les enfants à haut potentiel, comment les aider à s’épanouir” (Special needs children, including gifted children, and how to help them to achieve their full potential): Presentation by C. Jankech: “Comment accompagner les enfants HPI: évaluation des mesures prises, 1997-2015” (How to give support to gifted children: assessment of measures taken, 1997-2015) – 2016
- ✓ **Conference as part of the Lions Club**: “L’enfant HPI : et les filles ?” (The gifted child: and the girls?) – 11<sup>th</sup> January 2016.
- ✓ **Classes for parents/teachers** of the Montessori-Rive Gauche School: 4 hours on the gifted child at school, with the family, and associated disorders – Vézenaz, March 2016

## Claudia Jankech-Caretta

- ✓ **Conference for the DISA** (Interdisciplinary Division for Adolescent Health): “Les défis de l’adolescence pour le HPI: outils pédagogiques et psychothérapeutiques” (The challenges of adolescence for the gifted: pedagogical and psychotherapeutic tools) – CHUV, Lausanne, 23<sup>th</sup> June 2016
- ✓ **Seminars as part of the FARP**: “L’enfant et l’adolescent HPI en psychothérapie: regards croisés sur une réalité dérangeante” (The gifted child and adolescent in psychotherapy: meeting of minds on a disturbing reality) – 2013, 2014, 2015. In collaboration with Anne-Sophie Ducommun, FSP psychologist-psychotherapist and former collaborator of the practice.
- ✓ **FARP Seminar 2016-2017**: Claudia Jankech: “L’enfant et l’adolescent HPI: de la détection à la prise en charge globale (pédagogique et psychothérapeutique)” (The gifted child and adolescent: from detection to comprehensive (pedagogical and psychotherapeutic) treatment)
- ✓ **Conference as part of the CIDERC** (Swiss Francophone Centre for Criminological Research): “La perte de l’attention chez l’enfant” (Attention loss in children), symposium organised by Prof. Kuhn – University of Neuchâtel, 12<sup>th</sup> September 2017
- ✓ **FARP Seminar 2017-2018**: “L’enfant et l’adolescent HPI: de la détection à la prise en charge globale (pédagogique et psychothérapeutique)” (The gifted child and adolescent: from detection to comprehensive (pedagogical and psychotherapeutic) treatment), “L’adulte HPI: bilan et orientation thérapeutique” (The gifted adult: assessment and therapeutic guidance)
- ✓ **ANPEIP Conference**: “Les différences de genre chez les HPI” (Gender differences in the gifted) – Bordeaux 17<sup>th</sup> March 2018.
- ✓ **ASEHP-20 years, day of conferences** at the CHUV: “Hypersensibilité et HPI: mythe ou réalité?” (Hypersensitivity and the gifted: myth or reality?) – Lausanne, 29<sup>th</sup> September 2018
- ✓ **Conference for the association Filo di Seta**: “Alto potenziale cognitivo: un percorso a ostacoli?” (High cognitive potential: an obstacle course) – Bellinzona, 12<sup>th</sup> October 2018
- ✓ **Course for teachers** organised by the association Filo di Seta: “Alto potenziale cognitivo: un percorso a ostacoli?” (High cognitive potential: an obstacle course) – Bellinzona, 13<sup>th</sup> October 2018
- ✓ **FARP Seminar 2018-2019**: “L’enfant et l’adolescent HPI: de la détection à la prise en charge globale (pédagogique et psychothérapeutique)” (The gifted child and adolescent: from detection to comprehensive (pedagogical and psychotherapeutic) treatment), “L’adulte HPI: bilan et orientation thérapeutique” (The gifted adult: assessment and therapeutic guidance)
- ✓ **Conference at the Neuropsychology symposium** of the HUG: “L’intelligence oubliée: quelle place pour l’adulte HPI?” (The forgotten intelligence: what place for the gifted adult?) – Geneva, 6<sup>th</sup> May 2019
- ✓ **FARP Seminar 2019-2020**: “L’enfant et l’adolescent HPI : de la détection à la prise en charge globale (pédagogique et psychothérapeutique)” (The gifted child and adolescent: from detection to comprehensive (pedagogical and psychotherapeutic) treatment), “L’adulte HPI: bilan et orientation thérapeutique” (The gifted adult: assessment and therapeutic guidance)
- ✓ **Annual classes for parents and teachers** of gifted children/adolescents (see programme on homepage [www.jankech.ch](http://www.jankech.ch))
- ✓ **Conference for Filo di Seta**, University of Italian Switzerland: “Tipi Atipici, tra eccezionali talenti e inaspettate vulnerabilità” (Atypical types, between exceptional talents and unexpected vulnerabilities): Conference by Claudia Jankech-Caretta: “Educare bambini e ragazzi ad alto potenziale cognitivo (APC) : una sfida ?” (Educating gifted children and adolescents: a challenge?) – Lugano, 24<sup>th</sup> October 2020
- ✓ **FARP Seminar 2020**: “Le bilan psychologique de l’enfant et l’adolescent HPI” (Psychological assessment for gifted children) – 12<sup>th</sup> November, 24<sup>th</sup> November, 3<sup>rd</sup> December 2020



## Claudia Jankech-Caretta

- ✓ **Webinar ASEHP:** “Parcours éducatif de l’enfant HPI: le défi de l’adolescence” (Educational pathway of gifted children : the challenge of adolescence) – 1<sup>st</sup> December 2020
- ✓ **Webinar Filo di Seta:** “Alto potenziale cognitivo: un percorso a ostacoli?” (Intellectual giftedness: an obstacle course?) – 4<sup>th</sup> February 2021
- ✓ **Webinar Filo di Seta:** “Alto potenziale cognitivo e specificità di genere, dall’infanzia all’adolescenza”(High cognitive potential and gender specificity: from childhood to adolescence) – 15<sup>th</sup> March 2021
- ✓ **FARP Seminar 2021:** “Adulte HPI: bilan psychologique et orientation thérapeutique” (Gifted adult: psychological assessment and psychotherapeutic orientation) – 28<sup>th</sup> January and 11<sup>th</sup> February 2021
- ✓ **Webinar ASEHP:** “Ecueils dans le parcours scolaire du HPI: le paradoxe” (Gifted failure at school: a paradox) – 18<sup>th</sup> June 2021
- ✓ **Webinaire ASEHP:** “Parcours du HPI: le comprendre pour mieux l’aider à grandir” (Gifted journey: understanding him to a better grow) – 11<sup>th</sup> December 2021
- ✓ **FARP Seminar 2021:** “Le bilan psychologique de l’enfant et l’adolescent HPI” (Psychological assessment for gifted children) – 4<sup>th</sup> November, 18<sup>th</sup> November and 2<sup>nd</sup> December 2021
- ✓ **FARP Seminar 2022:** “Adulte HPI: bilan et orientation psychothérapeutique” (Gifted adult: psychological assessment and psychotherapeutic orientation) – 13<sup>th</sup> and 27<sup>th</sup> February 2022
- ✓ **Video Poster, Airipa,** convegno disturbi dell’apprendimento: “Per finire col mito del primo di classe” (Eradicating the myth of the top of the class) – 24<sup>th</sup> September 2022
- ✓ **Webinar Filo di Seta:** “APC...e adesso?” (Gifted...and now what?) – 29<sup>th</sup> November 2022
- ✓ **FARP Seminar 2022:** “Le bilan psychologique avec l’enfant et l’adolescent HPI” (Psychological assessment of gifted children) – 17<sup>th</sup> November, 1<sup>st</sup> December and 15<sup>th</sup> December 2022
- ✓ **FARP Seminar 2023:** “L’Adulte HPI: spécificités et orientation thérapeutique” (Gifted adult: specificities and therapeutic orientation) – 12<sup>th</sup> and 19<sup>th</sup> January 2023
- ✓ **Classes for parents and teachers,** or all child specialists : “Comprendre et aider l’enfant HPI (parcours scolaire, troubles associés, éducation familiale)” (Courses to understand and help the gifted (school career, associated disorders, education) – Course given every year (actually online), 14<sup>th</sup> January, 4<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> February 2023

### Videos, on YouTube

- ✓ Interview ASEHP/Claudia Jankech: Le Bilan HP, à quoi ça sert ? SD 480 p (french), [www.asehp.ch/blog](http://www.asehp.ch/blog)
- ✓ Convegno Alto Potenziale Cognitivo, Claudia Jankech-Caretta/Filo di Seta associazione (italian) – Lugano 24<sup>th</sup> October 2020

### Participation in community outreach/development

1996-2000: Member of the AVP committee (Vaud Association of Psychologists), commission on the “Study of psychotherapy files to obtain the title of psychotherapist”.

Updated on 1<sup>st</sup> April 2023